

Michigan Department of Community Health Child and Adolescent Health Center Program

The Michigan Department of Community Health-Child and Adolescent Health Center Program services are aimed at achieving the best possible physical, intellectual, and emotional status of children and adolescents by providing services that are high quality, accessible, and acceptable to youth.

Included in the Child and Adolescent Health Program are two models of service delivery -- clinical and non-clinical health centers. The clinical teen health center model provides on-site primary health care, psychosocial, health promotion and disease prevention education, and referral services. The non-clinical teen health center model focuses on case finding, screening, referral for primary care, and providing health education services to the teen population.

The program administers 45 clinical child and adolescent health centers and 12 non-clinical health delivery sites that are located in 24 counties across the state. The clinical program is targeted to uninsured, underinsured, and Medicaid children age 5-10 and youth age 10 through 21 as well as infants and small children of eligible adolescents.

At a minimum, clinical health center services include but are not limited to:

- Preventive services (such as Guidelines for Adolescent Preventative Services or Bright Futures);
- Health history and individual risk assessment;
- Physical examinations;
- Screening for selected health problems;
- Primary care for common and acute illnesses and psychosocial problems;
- HIV and STD education, and voluntary counseling and testing;
- Management of selected chronic diseases;
- Health education materials, information, and referrals for other health and psychosocial services;
- Oral health assessment and referral;
- Immunizations;
- Counseling;
- Health promotion and risk reduction services; and
- Case management, including follow-up.

Non-clinical services include but are not limited to health education; screening/case finding services; referral for primary care/specialty care; and community awareness.

Of the clinical health center users, 49.1% are Black; 33.3% are White; 16% are Other; 1.0% are Asian; and .6% are American Indian. Males comprised 43.2% of the users. 54.9% of the users were teens under 16 years of age.

Services: In 2004, clinical health centers served over 20,000 unduplicated users during 47,070 visits, and provided 64,424 health services and 3,190 referrals. In 2004 non-clinical teen health centers provided 2,089 health education presentations, reaching 47,051 participants.